

Module	Duration
Home Learning Environment Setup	40 mins
Behavior Management Strategies	40 mins
Child Wellbeing	40 mins
Understanding Student Assessments	40 mins
Strategies for Academic Language Development	40 mins
Speaking & Listening Strategies	40 mins
Blended Reading & Writing Strategies	40 mins
Setting Up & Using Learning Activities	40 mins

All sessions are interactive and tailored with child age-appropriate resources based on client specifications

Certificate of "college completion"

awarded for successful completion

of all 8 modules!





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#### Caregiver College Modern Training for the Modern Caregiver

# HOME LEARNING ENVIRONMENT SETUP

Audience: Caregivers with children ages 5-18

Duration: 40 minutes

One moment families went from arranging carpools and managing time in order to travel between home, work, and school. Now adays parents may be working, students studying, and the family attempting to have a meal all at the same table and time! In a fast paced world where home, work, and school are suddenly beginning to intermingle how can we create spaces that serve the needs of all? Participants will learn strategies to foster a healthy environment where home, school, and work meet. Join us as we creatively find ways to turn your home into a high functioning space that meets the needs of all who dwell inside.





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# SPEAKING & LISTENING STRATEGIES

Audience: Caregivers with children ages 5-18

Duration: 40 minutes

We live in a communication driven word where messages are being passed all around us. One's ability to both clearly communicate our ideas and understand what another individual is trying to express significantly impact our lives. From a personal perspective can mean the difference between making a friend or a foe. In a professional perspective it may be what stands between and closing a deal and missing out on an opportunity. From an educational perspective it can positively or negatively impact performance. Having solid speaking and listening skills begin from a young age. Join this course not only to learn strategies that can help your child improve their speaking and listening skills, but you may also learn a few new techniques you can use for yourself too!



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### BEHAVIOR MANAGEMENT STRATEGIES

Audience: Caregivers with children ages 5-18

Duration: 40 minutes

Close your eyes and picture a child melting down in public. What are your thoughts as you observe the behavior? What thoughts do you think are going on in the caregivers mind? Why do you think the child is behaving in such a way? This scenario is one that most people have witnesses. Maybe the child was even one whom you are responsible to care for. And perhaps you were even once that child! Not only can children misbehave in public, but it can occur at school and in the home as well.

Children misbehave for a wide variety of reasons and sometimes they do not even know it! During this session we will explore why children misbehave and effective strategies that can help improve behavior in public, home, and school environments based on the reasons.





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## STRATEGIES FOR ACADEMIC LANGUAGE DEVELOPMENT

Audience: Caregivers with children ages 5-18

Duration: 40 minutes

Consider this: When you answer the phone, and it is a close friend do you sound and speak in the same manner as you would when conversing with a bill collector? Most people would say no. As humans we naturally switch our language style and word choice depending on the audience. It is the same when it comes to academic language development. We speak using common language, however academic language is often what's used in textbooks, on exams, and in higher education discussions. Due to this, students who are highly intelligent run the risk of performing poorly in school due to a lack of academic language development.

So how does one develop a child's academic language? This workshop is designed to provide strategies that can be used at home and in day-to-day experiences to improve their academic language development.





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### CHILD WELLBEING

Audience: Caregivers with children ages 5-18

Duration: 40 minutes

Positive caregivers want to ensure that minors in their care are secure and emotionally well. Not only does this workshop provide participants with ways to foster this in a child we also explore influences. The world is full of influencers from social media icons, to peers, and public figures children are bombarded with messages and who do they know to listen to? This workshop explores the many influences, how to regulate their power in your child's life and produce strong critical thinkers that positively influenced in social and emotional ways.





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# BLENDED READING & WRITING STRATEGIES

Audience: Caregivers with children ages 5-18

Duration: 40 minutes

In a world driven by communication the ability to read and write are essential. In day to day life we encounter things like instructions, signs, and menus. In the professional world there is exposure to items such as contracts, memos, and forms. And in our personal lives we come across things like bills, letters, and messages. Humans interact with all these items and so much more!

In this workshop participants will learn a variety of strategies to help their children improve their reading and writing skills not only in a classroom setting full of papers and textbooks, but also applied to real life situations. Join us for an enlightening experience.





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# UNDERSTANDING STUDENT ASSESSMENTS

Audience: Caregivers with children ages 5-18

Duration: 40 minutes

Do any of the following scenarios sound familiar to you? Your child you care for has a test and you...

- Are worried about the outcome due to past poor performance
- Stressed about the impact of the exam
- Find yourself studying for the exam
- Find yourself doing the work for or with the child
- Are shocked to know they have a test

These scenarios are a reality for many caregivers. This workshop is designed to help reduce caregiver anxiety about exams by providing information about different types of exams and how to help your child better prepare for exams.





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# SETTING UP & USING LEARNING ACTIVITIES

Audience: Caregivers with children ages 5-18

Duration: 40 minutes

Have you ever found yourself needing time to yourself, but are constantly interrupted by a child? Do you ever wish your child would spend less time watching television and choose a more constructive options? Did you ever wonder if there was an easy way to help your child improve in school? Striking a balance between work and play can be challenging, but it does not have to be this way for children or their caregivers! By implementing learning activities you can design meaningful real-life experiences that children will find fun and engaging. These activities encourage creativity, research, independence, and self-accountability skills. As the caretaker you also benefit by finding satisfaction of knowing your child is expanding their learning while having fun, plus the peace of mind that when you are busy your child is safe and engaged in meaningful experiences.